



Our Products

Corn Meal Organic yellow, white and blue cornmeal. Coarse and Fine Ground Cornmeal! Available in two and five pound bags. *

Corn Grits Organic yellow, white and blue stone ground grits. Available in two and five pound bags. *

Polenta Organic yellow and white stone ground polenta. Available in two and five pound bags. *

Whole Wheat Flour Organic stone ground flour. Available in two and five pound bags. *

(15 lb. & 20 lb. bags available for restaurant use. Call for prices.)

Spelt Flour Organic stone ground flour. Available in two and five pound bags. *

Rolled Oats Organic rolled oats. Available in two and five pound bags. *

Brown & Golden Flax Seed Chemical and GMO free. Available in two pound bags. *

11 Bean Pea Mix Chemical and GMO free. Available in two pound bags. *

* Keep Refrigerated

Product	Description (Circle One)	Wt/Price (Circle One)	Quantity	Total
Polenta	White and Yellow	2 LB/\$3.95 / 5 LB/\$5.95		
Corn Meal	White and Yellow	2 LB/\$2.95 / 5 LB/\$4.95		
Corn Meal (Blue)	Blue	2 LB/\$3.95 / 5 LB/\$5.95		
Corn Meal Fine Ground	White and Yellow	2 LB/\$2.50 / 5 LB/\$4.50		
Corn Grits	White and Yellow	2 LB/\$4.95 / 5 LB/\$9.95		
Corn Grits (Blue)	Blue	2 LB/\$5.95 / 5 LB/\$12.95		
Whole Wheat Flour	Whole Wheat Flour	2 LB/\$2.95 / 5 LB/\$4.95		
Spelt Flour	Spelt Flour	2 LB/\$3.95 / 5 LB/\$6.95		
Rolled Oats	Rolled Oats	5 LB/\$6.95		
Golden Flax Seed	Brown Flax Seed	2 LB/\$6.95		
11 Bean & Pea Soup	11 Bean & Pea Soup	2 LB/\$5.95		

Make Check or Money Order payable to: COOSA VALLEY MILLING
Credit Card Orders, order by phone!

Ship To: _____

Sub-total
Tax
Shipping
Total

Fax or Mail to:
COOSA VALLEY MILLING
30620 Highway 25 South
Wilsonville, Alabama 35186

Phone: 205.669-6605
Fax: 205.669.669.0113

Visit Our Website for Store and Product Information and to Download an Order Form! www.coosavalleymilling.com