

Oxygen Testing Instructions

Please use these instructions to insure proper testing to qualify you.

Pulse Oximetry Testing **Step-by-Step Instructions:**

These instructions must be followed exactly. All data must be recorded in the medical record or visit chart note, not on this sheet.

1. Record oximetry results **at rest on room air.**
 - **If patient is less than 88%** you can **STOP** and no further testing is required.
 - **If patient is greater than 88%** on room air at rest, please continue with ambulatory testing.

2. Record oximetry results **during exercise on room air.**

Testing is not complete! The 3rd point is required. If necessary, recover the patient on O2 before point 3.

3. Record oximetry results during exercise **with supplemental O2 applied.**

If ordering **nighttime oxygen** then the patient will require an Overnight Pulse Oximeter Test (ONPO) showing oxygen saturations below 88% while sleeping on room air if oxygen saturations at rest are not below 88%..