



**Instructions for Submitting Application Packet
for the Freddie Solomon Scholarship**

Application Deadline: Friday, April 26, 2019

To assist the applicant, a check box is provided to assure all forms are complete, correct and submitted on time. A late or incomplete application will not be considered.

- | | | |
|--------------------------|---------|---|
| <input type="checkbox"/> | Form #1 | Application: Fill out completely. |
| <input type="checkbox"/> | Form #2 | Personal Statement: Include your present status, goals, needs, etc., and answer the question. |
| <input type="checkbox"/> | Form #3 | Three References: One must be from a teacher or counselor; the other two should be from adults who are not related to the applicant. Fill out the form, and send to your references. The completed forms and reference letters must be received by the Scholarship Committee by April 26, 2019. |
| <input type="checkbox"/> | Form #4 | Transcripts: The application pack must include an official transcript of record from your high school. |

Please mail all required forms to:

Strides for Life Colon Cancer Foundation
Freddie Solomon Scholarship Committee
1525 Rollins Road, Suite B
Burlingame, CA 94010

Or email to info@stridesforlife.org

For questions, please contact our office at (650) 692-3700.



January 20, 2019

Dear Athletic Directors, Coaches and Counselors,

Attached, please find information on the 2019 Freddie Solomon Memorial Scholarship available through the Strides for Life Colon Cancer Foundation. This coming year, we anticipate awarding at least two scholarships of \$2,000 each.

The following criteria will be utilized in selecting the successful applications:

- Academic achievement
- Community service and volunteering
- Leadership
- Athletic participation
- Financial need

If any of these conditions are not met, or if any part of the application is incomplete or any required documents are not submitted by the deadline, the application will be disqualified.

Thank you for your assistance in disseminating this information. If you have any questions, please feel free to contact us at (650) 692-3700 or info@stridesforlife.org.

There is one copy of the application attached and it is also available for download or fillable .pdf on our website: www.stridesforlife.org. If you would like the full application emailed to you, please send a request to info@stridesforlife.org

Sincerely,

Scholarship Committee
Strides for Life Colon Cancer Foundation



Freddie Solomon Memorial Scholarship Application 2019

ORIGIN OF SCHOLARSHIP

Strides for Life Colon Cancer Foundation is honored to endow the Freddie Solomon Memorial Scholarship. Mr. Solomon was a two-time Super Bowl champion receiver with the San Francisco 49ers. He died of colon cancer in February 2012, after a year-long battle.

Former 49ers owner Edward DeBartolo said about Mr. Solomon, "He was one of the most gentle and best men I have ever met in my life. I have never met a man who cared so much about the human race, and there will never be another Freddie".

While he was a tremendous athlete with an accomplished high school, college and pro career, Mr. Solomon spent the last twenty years of his life working with the Hillsborough County (Florida) Sheriff's Office. He was a mentor to hundreds of youngsters, teaching them about sports and about life. His legacy will live on in the hearts of many people and he leaves us all with lessons of humility and caring. Those are traits that defined him.

Strides for Life wishes to perpetuate these qualities in and among the youth in the San Francisco and San Mateo areas. This scholarship will be one way of remembering him.

AMOUNT OF SCHOLARSHIP

Scholarships will be awarded in the amount of \$2,000.00 each to one boy and one girl.

APPLICATION CRITERIA

1. Applicant must be a high school senior and a student in a private or public high school in San Francisco or San Mateo Counties, or home schooled in those same areas.
2. Applicant must show evidence of good citizenship.
3. Applicant must provide three references (see Instructions for Submitting Application).
4. Applicant must provide evidence of community service and volunteering.
5. Applicant must provide evidence of athletic participation.
6. Applicant must provide evidence of leadership.

DEADLINE

The completed application deadline is **Friday, April 26, 2019**. All mailed packets must be POSTMARKED on or before **Wednesday April 24, 2019**. Applications can be submitted electronically by emailing to info@stridesforlife.org by **Friday, April 26, 2019 by 5:00pm**.

SELECTION

Final Selection will be made in April 2019. Awards will be presented at our 16th Annual Dinner and Auction, on May 11, 2019 at Serra High School in San Mateo. Winners will be notified in advance and a space will be provided at the dinner for the recipients and their parents.

Form #3: References

Dear _____,
Applicant to enter reference's name

Please be advised that _____
Applicant to enter own name

is preparing for a career in _____,
Applicant to enter field of study

and is applying to the Strides for Life Colon Cancer Foundation Scholarship Committee for a Freddie Solomon Memorial Scholarship. This scholarship is available for training and education in health care careers such as physician, nurse, radiological technician, laboratory technician, surgical technician, physiotherapist or occupational therapist.

Your name has been submitted as a reference for the above candidate. On a separate sheet of paper, please comment on the applicant's academic performance, community service, integrity, personality, character and any other trait that would be of value in judging the eligibility of this person for a scholarship. Your candid opinion of the applicant's suitability for the career chosen would be appreciated and will be kept in strict confidence.

It is important that your reference letter (and this form) be returned as soon as possible. If we do not receive this completed form **POSTMARKED by Wednesday, April 24, 2019**, the applicant will not be eligible for consideration. You [may also submit your letter electronically by emailing to info@stridesforlife.org by Friday, April 26, 2019 by 5:00pm.](mailto:info@stridesforlife.org)

Please mail your reference letter and this form to:

Strides for Life Colon Cancer Foundation
Freddie Solomon Scholarship Committee
1525 Rollins Road, Suite B
Burlingame, CA 94010

Thank you,

Scholarship Committee
Strides for Life Colon Cancer Foundation
(650) 692-3700

Form #4: Transcript

To the Counselor: Please (1) attach an officially sealed envelope with a copy of the applicant's official transcript and a copy of his/her SAT scores; (2) complete the sections below; (3) place stamp or seal as indicated; and return to the applicant for mailing to the appropriate address.

I, _____ hereby certify that the above applicant currently has a GPA of _____ on a _____ point scale and **weighted GPA** of _____ on a _____ point scale. The applicant is ranked _____ out of a class of _____, and has a combined (Critical Reading/Math/Writing) SAT score of _____. The applicant is of good academic standing, and will graduate with the senior class on _____ (Date).

_____	_____	OFFICIAL STAMP
Signature of Counselor	Date	OR SEAL HERE

Phone number with extension at school: _____

Email address at school: _____

It is important that this form and the transcripts be returned as soon as possible. If we do not receive this completed form **POSTMARKED by Wednesday, April 24, 2019**, the applicant will not be eligible for consideration. All forms must be received by **Friday, April 26, 2019 by 5:00pm**. You may email this form to info@stridesforlife.org and mail the official transcript to:

Strides for Life Colon Cancer Foundation
Freddie Solomon Scholarship Committee
1525 Rollins Road, Suite B
Burlingame, CA 94010

Thank you,

Scholarship Committee
Strides for Life Colon Cancer Foundation



Form #1- Application Information

Name: _____
First Middle Last

Address: _____
Street

City State Zip Code

Phone Number: _____ Email: _____

Date of Birth: _____ Gender: ☐ M ☐ F

Optional Information

Did either of your parent complete college? ☐ Yes ☐ No

Race/Ethnic Origin: ☐ African-American ☐ Asian-American ☐ Pacific Islander ☐ Caucasian
☐ Latino ☐ Native American ☐ Alaskan Native ☐ Other

Has your family been affected by colon cancer? ☐ Yes ☐ No - If yes, please elaborate: _____

Education

Current High School: _____ Expected Graduation Date: _____

Unweighted High School GPA: _____ Weighted High School GPA: _____
(GPA based on a 4.0 Scale) (GPA includes honor and advanced placement courses)

SAT 1 Scores: _____ ACT Score: _____
(If applicable) (If applicable)

Post-secondary school you hope to attend in the Fall of 2019:

1. _____ 2. _____
First Choice Name Second Choice Name

3. _____ 4. _____
Third Choice Name Fourth Choice Name

Intended major(s): _____ Intended minor(s): _____

Will you be attending school full-time? Yes No If no, please explain: _____

Where do you plan to live next year? On-campus Off-campus With parents Other

Applicant Name: _____

First
Middle
Last

Athletic Awards and Honors

List awards and honors you have received.

[illegible]

Non-Athletic Awards and Honors

List awards and honors you have received and briefly explain their significance.

[illegible]

School Involvement

Please list high school-related activities in which you have participated. Attach a separate sheet if necessary.

Activity	Honors/Positions Held	Dates of Involvement	Hours per Month

Applicant Name: _____
First Middle Last

Community Involvement

Please list community-related activities in which you have participated.

Activity	Honors/Positions Held	Dates of Involvement	Hours per Month

Employment or Volunteer Experience

Beginning with your present or most recent job, list your employment history.

Employer	Position	Dates of Employment	Hours per Week

How have you used the income earned?

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Applicant Name: _____
First Middle Last

Household/Financial Information

It is strongly recommended that you fill out this section with a parent(s), if you are a dependent. Round all figures to the nearest dollar; do not enter cent amounts. Use the most recent income tax information or estimated current year values. **Do not leave any lines blank.**

Name of parent(s)/guardian(s) with whom you reside: _____

\$_Cost of attendance at college of choice (including tuition, fees, room & board, transportation, etc.)

If you do not yet know the college you will be attending, please estimate.

\$_Parent(s)/guardian(s) total gross income

\$_Parent(s)/guardian(s) total cash assets (cash, checking/savings account, stocks, home equity)

\$_Student's income

\$_Student's total cash assets

\$_Number in household your parent(s)/guardian(s) currently supports financially (including applicant)

\$_Grants/scholarships already received. Please list below as well.

Please list any grants or scholarships and amounts already received for upcoming academic year:

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Please describe any special circumstance that may affect your family's ability to pay for college (medical, divorce, unemployment, child support, other):

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Form #2 Personal Statement

(Use additional pages if necessary)

State your qualifications and answer the prompt: ***Choose one quality of Freddie Solomon and reflect on how you have lived out this quality in your personal or athletic life.***

Your essay must not exceed 500 words, and each page must include your full name.